

**Community Christian School and  
Eagle's Nest  
January 2022 Lunch Menu**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Jan 3 <b>Kick'n Chicken</b> Popcorn Chicken with Mashed Potatoes Whole Kernel Corn Chicken Gravy Buttermilk Biscuit Mandarin Oranges Ocean Spray Craisins (9-12)	Jan 4 Chicken Alfredo with Whole Grain Penne Pasta and Whole Wheat Bread Stick Steamed Broccoli Baby Whole Carrots Chilled Mixed Fruit Chilled Peaches (9-12)	Jan 5 Chicken Nuggets with Sauce Selections and Seasoned Brown Rice Crinkle Cut Carrots Fresh Cucumber Slices with Ranch Dip Chilled Diced Pears Red Grape Cluster (9-12)	Jan 6 <b>Taco In A Bag</b> Beef Taco Meat with Shredded Cheese, Spanish Rice <b>or</b> Wheat Tortilla (Eagle's Nest) Steamed Black Beans Romaine Lettuce Chilled Mixed Fruit Orange Smiles (9-12)	Jan 7 French Bread Garlic Cheese Pizza with Italian Dipping Sauce Seasoned Green Beans Fresh California Blend Vegetables with Ranch Dip Fresh Fruit Selection Chilled Applesauce (9-12)
Jan 10 Sloppy Joe on Wheat Bun Baked French Fries Baby Whole Carrots and Celery Sticks with Ranch Dip Petite Banana Chilled Peaches (9-12)	Jan 11 Chicken Fajita Meat with Shredded Cheese, Soft Shell, and Cilantro Lime Brown Rice Steamed Black Beans Romaine Lettuce Chilled Fresh Apple Wedges Chilled Diced Pears (12-24Mo. & 9-12)	Jan 12 Honey Garlic Glazed Popcorn Chicken Seasoned Brown Rice Steamed California Blend Vegetables Baby Whole Carrots and Celery Sticks with Ranch Dip Red Grape Cluster Chilled Mixed Fruit (9-12)	Jan 13 Homemade Tator Tot Casserole with Mini Sub Roll Whole Kernel Corn Chilled Mandarin Orange Sections Fresh Green Apple (9-12)	Jan 14 <b>Brunch for Lunch</b> Whole Grain French Toast Sticks with Maple Syrup and Colby Cheese Omelet Batter Bites Baby Whole Carrots Fresh Fruit Selection Ocean Spray Craisins (9-12)
Jan 17 No School  <b>Skim, Chocolate Skim, and Whole Milk (12-24 Months) Offered Daily</b>	Jan 18 Diced Roast Turkey with Gravy with Whole Grain Biscuit Mashed Potatoes Garden Green Salad with Lite Ranch Dressing Chilled Berry Blend Chilled Mandarin Orange Sections (9-12)	Jan 19 Pepperoni <b>or</b> Cheese Domino's Pizza Crinkle Cut Carrots Crisp Caesar Salad with Dressing Fresh Cut Pineapple Chunks Chilled Applesauce (9-12)	Jan 20 <b>Nacho Bar</b> Tortilla Chips <b>or</b> Wheat Tortilla (12-24 Mo.) Beef Taco Meat Cheese Sauce Seasoned Brown Rice Romaine Lettuce Refried Beans Chilled Peaches Fresh Whole Apple (9-12)	Jan 21 Meatball Sub Sandwich on Homemade Sub Roll Wedge Cut Potatoes Baby Whole Carrots and Celery Sticks with Ranch Dip Fresh Fruit Selection Chilled Mixed Fruit (9-12)
Jan 24 <b>Kick'n Chicken</b> Popcorn Chicken with Mashed Potatoes Whole Kernel Corn Chicken Gravy Buttermilk Biscuit Chilled Fresh Apple Wedges Chilled Peaches (12-24 Mo. & 9-12)	Jan 25 Cheeseburger on Wheat Bun Batter Bites Fresh California Blend Vegetables with Ranch Dip Chilled Mixed Fruit Orange Smiles (9-12)	Jan 26 Boneless Chicken Bites with Sauce Selections and Buttermilk Biscuit Crinkle Cut Carrots Cucumber Slices with Ranch Dip Chilled Applesauce Fresh Melon Blend (9-12)	Jan 27 Chili with Frosted Whole Grain Cinnamon Roll (K-12) <b>or</b> Buttermilk Biscuit (Eagle's Nest) Garden Green Salad with Lite Ranch Dressing Red Grape Cluster Chilled Diced Pears (Eagle's Nest & 9-12)	Jan 28 French Bread Garlic Cheese Pizza with Italian Dipping Sauce Seasoned Green Beans Baby Whole Carrots and Celery Sticks with Ranch Dip Fresh Fruit Selection Ocean Spray Craisins (9-12)
Jan 31 BBQ Pork on Whole Wheat Bun Baked French Fries Baby Whole Carrots Fresh Green Apple Chilled Peaches (9-12)	<b>This Institution is an Equal Opportunity Provider</b>  <b>Menu Subject to Product Availability</b>	 <b>Bring on the NEW YEAR!</b>	<b>Allergy Information: The menus may contain one or more of the following ingredients: milk, eggs, soy, wheat, peanuts, or tree nuts</b>	