

**Community Christian School (K-12) and  
Eagle's Nest Daycare  
September 2022 Lunch Menu**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Sep 5 <b>No School</b> <b>Skim, Chocolate Skim, and Whole Milk (12-24 Mo.) Offered Daily</b> 	Sep 6 Chicken Nuggets with Sauce Selection and Seasoned Brown Rice Baked Beans Baby Whole Carrots Red Grape Cluster Chilled Pear Slices (9-12)	Sep 7 BBQ Pork on Whole Wheat Bun Wedge Cut Potatoes Creamy Coleslaw Chilled Berry Blend Orange Smiles (9-12)	Sep 8 Chicken Alfredo with Whole Grain Penne Pasta and Whole Wheat Bread Stick Steamed Broccoli Baby Whole Carrots Chilled Mixed Fruit Chilled Peaches (9-12)	Sep 9 <b>Brunch for Lunch</b> Whole Grain French Toast Sticks with Maple Syrup and Colby Cheese Omelet Batter Bites Fresh California Blend Vegetables with Ranch Dip Fresh Fruit Selection Chilled Strawberry Slices (9-12)
Sep 12 General Tso's Chicken with Seasoned Brown Rice Steamed Broccoli Baby Whole Carrots Chilled Fresh Apple Wedges Chilled Mixed Fruit (9-12)	Sep 13 Homemade Tator Tot Casserole with Mini Sub Roll Fresh Cucumber Slices with Ranch Dip Chilled Pineapple Tidbits Chilled Strawberry Slices (9-12)	Sep 14 Pepperoni <b>or</b> Cheese Domino's Pizza Seasoned Green Beans Fresh California Blend Vegetables with Ranch Dip Fresh Watermelon Cubes Chilled Berry Blend (9-12)	Sep 15 <b>Nacho Bar</b> Tortilla Chips with Beef Taco Meat, Cheese Sauce, and Seasoned Brown Rice <b>or</b> Soft Shell (12-24 Mo.) Romaine Lettuce Refried Beans Fresh Whole Pear Chilled Peaches (9-12)	Sep 16 Sloppy Joe on Wheat Bun Wedge Cut Potatoes Baby Whole Carrots Fresh Fruit Selection Petite Banana (9-12)
Sep 19 Honey Garlic Glazed Popcorn Chicken with Seasoned Brown Rice Steamed Broccoli Baby Whole Carrots Baked Cinnamon Apples Chilled Pear Slices (9-12)	Sep 20 Big Daddy's Cheese Pizza Golden Whole Kernel Corn Sugar Snap Peas with Ranch Dip Petite Banana Chilled Peaches (9-12)	Sep 21 <b>Boneless Wings Bar</b> Boneless Chicken Wings with Sauce Selections and Buttermilk Biscuit Baked Beans Baby Whole Carrots Chilled Mixed Fruit Chilled Berry Blend (9-12)	Sep 22 Homemade Lasagna with Garlic Toast Spinach Salad Baby Whole Carrots and Celery Sticks with Ranch Dip Fresh Cut Pineapple Chunks Chilled Applesauce (9-12)	Sep 23 French Bread Garlic Cheese Pizza with Italian Dipping Sauce Garden Green Peas Fresh California Blend Vegetables with Ranch Dip Green Grape Cluster Fresh Fruit Selection (9-12)
Sep 26 <b>Kick'n Chicken</b> Popcorn Chicken with Buttermilk Biscuit, Chicken Gravy, and Mashed Potatoes Baby Whole Carrots Chilled Fresh Apple Wedges Chilled Peaches (9-12)	Sep 27 <b>Taco In A Bag</b> Beef Taco Meat with Shredded Cheese and Spanish Rice Tortilla (12-24 Mo.) Steamed Black Beans Romaine Lettuce Pico De Gallo Chilled Mixed Fruit Orange Smiles (9-12)	Sep 28 Parmesan Chicken Sub Sandwich Wedge Cut Potatoes Fresh Cucumber Slices with Ranch Dip Chilled Pineapple Tidbits Chilled Applesauce (9-12)	Sep 29 Chicken Alfredo with Whole Grain Penne Pasta and Whole Wheat Bread Stick Steamed Broccoli Baby Whole Carrots and Celery Sticks with Ranch Dip Fresh Cantaloupe Melon Cubes Chilled Pear Slices (9-12)	Sep 30 <b>Brunch for Lunch</b> Whole Grain French Toast Sticks with Maple Syrup and Turkey Sausage Patty Batter Bites Fresh California Blend Vegetables with Ranch Dip Fresh Fruit Selection Chilled Strawberry Slices (9-12)

**This Institution is an Equal Opportunity Provider  
Menu Subject to Product Availability**

**Allergy Information: The menus may contain one or more of the following ingredients: milk, eggs, soy, wheat, peanuts, or tree nuts**