

# CCS COURSE MAP

## SUBJECT: PE

**GRADE LEVEL** K&1<sup>st</sup>  
**COURSE LENGTH** YEAR

**REVIEWED** 2018-2019

Student Goals:					
		I	To participate regularly in physical activity.		
		II	To achieve and maintain a health-enhancing level of fitness.		
		III	To value physical activity for health, enjoyment, challenge, and/or self-expression.		
Student Outcomes:					
		I	The students will be able to develop skills, knowledge, interest, and desire to independently maintain an active life-style.		
		II	The students will be able to participate regularly in health-enhancing fitness activities.		
		III	The students will be able to recognize that physical activity can provide opportunities for positive social interaction.		
UNIT/ WEEKS	STANDARD	OBJECTIVES	ACTIVITIES/ASSESSMENT	RESOURCES	BIBLICAL INTEGRATION
Large Motor Skills/ Fall Winter Spring	1.1	Large motor skills  Students will demonstrate functional form of locomotion and non-locomotion skills.(Physical Skills)	Hop, jump, gallop, run, skip, slide and leap. Teacher evaluation of skills and participation	Spark curriculum K-2 Various teacher resources Pinterest Bible National Standards	God created our bodies in a wonderful manner, allowing for a variety of movements. (Psalm 139:13-16)

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<p>Safety/ Fall</p>	<p>5.1 6.2</p>	<p>Playground Safety and Use</p> <p>Exhibits responsible personal and social behavior in physical activity settings. (Behavioral Skills) Values physical activity for health, enjoyment, challenge, self-expression, and social interaction. (Intrinsic Value)</p>	<p>Climbing, sliding, sharing, taking turns. Basic safety rules.</p> <p>Teacher evaluation of skills and participation</p>	<p>See above</p>	<p>And also if anyone competes in athletics, he is not crowned unless he competes according to the rules. (2 Tim. 2:5)</p>
<p>Football/ Fall</p>	<p>1.3 5.2</p>	<p>Football</p> <p>Students will demonstrate functional form of locomotion and non-locomotion skills.(Physical Skills) Exhibits responsible personal and social behavior in physical activity settings. (Behavioral Skills)</p>	<p>Passing, catching, kicking (punt, place kick, with/without tee), flag tag.</p> <p>Teacher evaluation of skills and participation</p>	<p>Spark curriculum K-2 Pinterest Various teacher resources Bible National Standards</p>	<p>We are to develop our God given abilities to their fullest (Col. 3:17, Matt. 25:14-30)</p>

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<p>Soccer/ Fall</p>	<p>1.3 5.2</p>	<p>Soccer Students will demonstrate functional form of locomotion and non-locomotion skills.(Physical Skills) Exhibits responsible personal and social behavior in physical activity settings. (Behavioral Skills)</p>	<p>Passing, kicking, trapping, dribbling, goal-tending, throw in.  Teacher evaluation of skills and participation</p>	<p>Spark curriculum K-2 Pinterest Various teacher resources Bible National Standards</p>	<p>Biblical Character Traits emphasized during play (Honesty, Determination, Integrity, Stewardship, Perseverance, Service, Cooperation, Humility)</p>
<p>Volleyball/ Fall Winter</p>	<p>1.3 5.2</p>	<p>Volleyball Demonstrates competency in motor skills and movement patterns needed to perform a variety of physical activities. (Physical Skills) Exhibits responsible personal and social behavior in physical activity settings. (Behavioral Skills)</p>	<p>Throw/catch over net, underhand/overhand pass, serves under/over.  Teacher evaluation of skills and participation</p>	<p>Spark curriculum K-2 Pinterest Various teacher resources Bible National Standards</p>	<p>We are to develop our God given abilities to their fullest (Col. 3:17, Matt. 25:14-30  The Golden Rule spoken by Jesus:: Treat others as you would like to be treated promotes good sportsmanship. Matthew 7:12</p>

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Basketball/ Winter	1.3 5.2	Basketball  Demonstrates competency in motor skills and movement patterns needed to perform a variety of physical activities. (Physical Skills) Exhibits responsible personal and social behavior in physical activity settings. (Behavioral Skills)	Dribbling, ball manipulation, passing and shooting in response to a signal.  Teacher evaluation of skills and participation	Spark curriculum K-2 Pinterest Various teacher resources Bible National Standards	Biblical Character Traits emphasized during play (Honesty, Determination, Integrity, Stewardship, Perseverance, Service, Cooperation, Humility)
Low-organized games/ Fall Winter Spring	1.2 2.1 3.1 4.2 5.4	Low-organized games 1.Demonstrates competency in motor skills and movement patterns needed to perform a variety of physical activities. (Physical Skills) 2.Demonstrates understanding of movement concepts, principles, strategies and tactics as they apply to the learning and performance of physical activity (Knowledge)	Dodging, fleeing, throwing, agility, coordination and cooperation.  Teacher evaluation of skills and participation.	Spark curriculum K-2 Pinterest Various teacher resources Bible National Standards	God created our bodies in a wonderful manner, allowing for a variety of movements. (Psalm 139:13-16)  Working together as a team: Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourself. (Phil. 2:3)

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		<p>3.Participates regularly in physical activity. (Physical Activity)</p> <p>4.Achieves and maintains a health-enhancing level of fitness.</p> <p>5.Exhibits responsible personal and social behavior in physical activity settings. (Behavioral Skills)</p>			
<p>Jump Rope/ Winter Spring</p>	<p>3.3 6.3</p>	<p>Jumprope</p> <p>1.Participates regularly in physical activity. (Physical Activity)</p> <p>2.Values physical activity for health, enjoyment, challenge, self-expression, and social interaction. (Intrinsic Value)</p>	<p>Jumping rhythmically with short and long ropes or a jumpstick or hula hoop.</p> <p>Teacher evaluation of skills and participation.</p>	<p>Spark curriculum K-2 Pinterest Various teacher resources Bible National Standards</p>	<p>Our bodies are the temple of the Holy Spirit. (1 Cor. 3:16-17, 1 Cor. 6:19-20)</p> <p>Our bodies belong to God. We are to be good stewards of it(1Cor. 6:19-20, Rom. 12:1-2)</p>

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<p>Four Square/ Fall Winter Spring</p>	<p>6.1</p>	<p>Four Square Values physical activity for health, enjoyment, challenge, self-expression, and social interaction. (Intrinsic Value)</p>	<p>Stance, delivery and release. Rules, serving and volley.  Teacher evaluation of skills and participation.</p>	<p>Spark curriculum K-2 Pinterest Various teacher resources Bible National Standards</p>	<p>Playing by the rules: And also if anyone competes in athletics, he is not crowned unless he competes according to the rules. (2 Tim. 2:5)</p>
<p>Tumbling/Apparatus Fitness Fever Winter</p>	<p>2.3</p>	<p>Tumbling/Apparatus Fitness Fever  Demonstrates understanding of movement concepts, principles, strategies and tactics as they apply to the learning and performance of physical activity (Knowledge)</p>	<p>Balance, coordination, flexibility, strength, and agility.  Teacher evaluation of skills and participation.</p>	<p>Spark curriculum K-2 Pinterest Various teacher resources Bible National Standards</p>	<p>God created our bodies in a wonderful manner, allowing for a variety of movements. (Psalm 139:13-16)</p>

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Parachute Winter Spring	1.1	Parachute Demonstrates competency in motor skills and movement patterns needed to perform a variety of physical activities. (Physical Skills)	Cooperation/listening Manipulating large apparatus  Teacher evaluation of skills and participation.	Spark curriculum K-2 Pinterest Various teacher resources Bible National Standards	Behold, how good and how pleasant it is For brothers to dwell together in unity! (Psalm 133:1-3)
Floor hockey Winter	5.3	Floor hockey  Exhibits responsible personal and social behavior in physical activity settings. (Behavioral Skills)	Stick handling, shooting, passing Modified games, safety and rules.  Teacher evaluation of skills and participation.	Spark curriculum K-2 Pinterest Various teacher resources Bible National Standards	Self-control, fruit of the Spirit with use of hockey stick.  Playing by the rules: And also if anyone competes in athletics, he is not crowned unless he competes according to the rules. (2 Tim. 2:5)

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<p>Dance Winter</p>	<p>1.5</p>	<p>Dance  Demonstrates competency in motor skills and movement patterns needed to perform a variety of physical activities. (Physical Skills)</p>	<p>Listening, cooperation, movement patterns, appropriate social interaction.  Teacher evaluation of skills and participation.</p>	<p>Spark curriculum K-2 Pinterest Various teacher resources Bible National Standards</p>	<p>Dancing is a form of praise: A time to weep and a time to laugh; A time to mourn and a time to dance. (Ecc. 3:4)</p>
<p>Racquet Skills Fall Winter Spring</p>	<p>1.3 6.4</p>	<p>Racquet Skills 1.Demonstrates competency in motor skills and movement patterns needed to perform a variety of physical activities. (Physical Skills)</p>	<p>Striking, volley, underhand and overhand serving, manipulating various objects.  Teacher evaluation of skills and participation.</p>	<p>Spark curriculum K-2 Pinterest Various teacher resources Bible National Standards</p>	<p>God created our bodies in a wonderful manner, allowing for a variety of movements. (Psalm 139:13-16  Self-control, fruit of the Spirit with use of a racquet.</p>



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<p>Track and Field T-Ball Spring</p>	<p>2.2 3.2 4.1 4.3</p>	<p>Track and Field T-Ball 1.Demonstrates competency in motor skills and movement patterns needed to perform a variety of physical activities. (Physical Skills) 2.Values physical activity for health, enjoyment, challenge, self-expression, and social interaction. (Intrinsic Value)</p>	<p>Jumping, running, hurdling, striking, throwing, cooperation, team skills.  Teacher evaluation of skills and participation.</p>	<p>Spark curriculum K-2 Pinterest Various teacher resources Bible National Standards</p>	<p>Using the Gifts you are given to honor God: 1 Peter 4:10 Each of you should use whatever gift you have received to serve others, as faithful stewards of God’s grace in its various forms.</p>
<p>Fitness/ Fall Winter Spring</p>	<p>2.2 3.2 4.1</p>	<p>Fitness 1.Demonstrates understanding of movement concepts, principles, strategies and tactics as they apply to the learning and performance of physical activity (Knowledge) 2. Participates regularly in physical activity. (Physical Activity) 3.Achieves and maintains a health-</p>	<p>Anaerobic and aerobic development. Strength and flexibility development.  Teacher evaluation of skills and participation.</p>	<p>Spark curriculum K-2 Pinterest Various teacher resources Bible National Standards</p>	<p>1Cor 6:19-20: Or do you not know that your body is a temple of the Holy Spirit within you, whom you have from God? You are not your own, for you were bought with a price. So glorify God in your body.</p>

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		enhancing fitness level			
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