

# CCS COURSE MAP

## SUBJECT: PE

**GRADE LEVEL** 2nd&3rd  
**COURSE LENGTH** YEAR

**REVIEWED** 2018-2019

Student Goals:					
		I	To participate regularly in physical activity.		
		II	To achieve and maintain a health-enhancing level of fitness.		
		III	To value physical activity for health, enjoyment, challenge, and/or self-expression.		
Student Outcomes:					
		I	The students will be able to develop skills, knowledge, interest, and desire to independently maintain an active life-style.		
		II	The students will be able to participate regularly in health-enhancing fitness activities.		
		III	The students will be able to recognize that physical activity can provide opportunities for positive social interaction.		
UNIT/ WEEKS	STANDARD	OBJECTIVES	ACTIVITIES/ASSESSMENT	RESOURCES	BIBLICAL INTEGRATION
Large Motor Skills/ Fall	1.1	Large motor skills  Students will demonstrate functional form of locomotion and non-locomotion skills.(Physical Skills)	Hop, jump, gallop, run, skip, slide and leap. Teacher evaluation of skills and participation	Spark curriculum K-2 Various teacher resources Pinterest Bible National Standards	God created our bodies in a wonderful manner, allowing for a variety of movements. (Psalm 139:13-16)

# CCS COURSE MAP

## SUBJECT: PE

**GRADE LEVEL** 2nd&3rd  
**COURSE LENGTH** YEAR

**REVIEWED** 2018-2019

Playground Safety and Use/ Fall	3.1	Playground Safety and Use  Participates regularly in physical activity. (Physical Activity)	Climbing, sliding, sharing, taking turns. Basic safety rules.  Teacher evaluation of skills and participation	Spark curriculum K-2 Various teacher resources Pinterest Bible National Standards	And also if anyone competes in athletics, he is not crowned unless he competes according to the rules. (2 Tim. 2:5)
Football Flag Tag Modified football games/ Fall	1.4 6.3	Football 1.Students will demonstrate functional form of locomotion and non-locomotion skills.(Physical Skills) 2.Values physical activity for health, enjoyment, challenge, self-expression, and social interaction. (Intrinsic Value)	Passing, catching, kicking (punt, place kick, with/without tee). Basic Rules.  Teacher evaluation of skills and participation	Spark curriculum K-2 Pinterest Various teacher resources Bible National Standards	We are to develop our God given abilities to their fullest (Col. 3:17, Matt. 25:14-30)

# CCS COURSE MAP

## SUBJECT: PE

**GRADE LEVEL 2nd&3rd**  
**COURSE LENGTH YEAR**

**REVIEWED 2018-2019**

<p>Soccer Modified soccer games Fall</p>	<p>1.4 6.3</p>	<p>Soccer 1. Demonstrates understanding of movement concepts, principles, strategies and tactics as they apply to the learning and performance of physical activity (Knowledge) 2. Values physical activity for health, enjoyment, challenge, self-expression, and social interaction. (Intrinsic Value)</p>	<p>Passing, kicking, trapping, dribbling, goal-tending, throw in. Basic Rules.  Teacher evaluation of skills and participation</p>	<p>Spark curriculum K-2 Pinterest Various teacher resources Bible National Standards</p>	<p>Biblical Character Traits emphasized during play (Honesty, Determination, Integrity, Stewardship, Perseverance, Service, Cooperation, Humility)</p>
<p>Volleyball Modified volleyball games/ Fall</p>	<p>1.4 2.2 6.3</p>	<p>Volleyball 1. Demonstrates competency in motor skills and movement patterns needed to perform a variety of physical activities. (Physical Skills) 2. Demonstrates understanding of movement concepts, principles, strategies and tactics as they apply to the learning and performance of</p>	<p>Underhand/overhand pass, serves under/over. Basic rules.  Teacher evaluation of skills and participation</p>	<p>Spark curriculum K-2 Pinterest Various teacher resources Bible National Standards</p>	<p>We are to develop our God given abilities to their fullest (Col. 3:17, Matt. 25:14-30  The Golden Rule spoken by Jesus:: Treat others as you would like to be treated promotes good sportsmanship. Matthew 7:12</p>

# CCS COURSE MAP

## SUBJECT: PE

**GRADE LEVEL** 2nd&3rd  
**COURSE LENGTH** YEAR

**REVIEWED** 2018-2019

		<p>physical activity (Knowledge)            3.Values physical activity for health, enjoyment, challenge, self-expression, and social interaction.            (Intrinsic Value)</p>			
<p>Basketball            Modified basketball games            Winter</p>	<p>1.4            2.1            2.2            6.3</p>	<p>Basketball            1.Demonstrates competency in motor skills and movement patterns needed to perform a variety of physical activities.            (Physical Skills)            2. Demonstrates understanding of movement concepts, principles, strategies and tactics as they apply to the learning and performance of physical activity (Knowledge)            3.Values physical activity for health, enjoyment, challenge,</p>	<p>Dribbling, ball manipulation, passing, shooting and hand position.             Teacher evaluation of skills and participation</p>	<p>Spark curriculum            K-2            Pinterest            Various teacher resources            Bible            National Standards</p>	<p>Biblical Character Traits emphasized during play (Honesty, Determination, Integrity, Stewardship, Perseverance, Service, Cooperation, Humility)</p>

# CCS COURSE MAP

## SUBJECT: PE

**GRADE LEVEL** 2nd&3rd  
**COURSE LENGTH** YEAR

**REVIEWED** 2018-2019

		self-expression, and social interaction. (Intrinsic Value)			
Low-organized games/ Fall Winter Spring	1.1 3.3 5.3 6.1 6.2 6.3 6.4	Low-organized games 1.Demonstrates competency in motor skills and movement patterns needed to perform a variety of physical activities. (Physical Skills) 2.Participates regularly in physical activity. (Physical Activity) 3.Exhibits responsible personal and social behavior in physical activity settings. (Behavioral Skills) 4. Values physical activity for health, enjoyment, challenge,	Dodging, fleeing, throwing, cooperating, agility, coordination and strategies.  Teacher evaluation of skills and participation.	Spark curriculum K-2 Pinterest Various teacher resources Bible National Standards	God created our bodies in a wonderful manner, allowing for a variety of movements. (Psalm 139:13-16)  Working together as a team: Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourself. (Phil. 2:3)

# CCS COURSE MAP

## SUBJECT: PE

**GRADE LEVEL** 2nd&3rd  
**COURSE LENGTH** YEAR

**REVIEWED** 2018-2019

		self-expression, and social interaction. (Intrinsic Value)			
Jump Rope/ Winter Spring	5.2 6.3	Jumprope 1. Exhibits responsible personal and social behavior in physical activity settings. (Behavioral Skills) 2.Values physical activity for health, enjoyment, challenge, self-expression, and social interaction. (Intrinsic Value)	Jumping rhythmically with short and long ropes or a jumpstick or hula hoop.  Teacher evaluation of skills and participation.	Spark curriculum K-2 Pinterest Various teacher resources Bible National Standards	Our bodies are the temple of the Holy Spirit. (1 Cor. 3:16-17, 1 Cor. 6:19-20)  Our bodies belong to God. We are to be good stewards of it(1Cor. 6:19-20, Rom. 12:1-2)

# CCS COURSE MAP

## SUBJECT: PE

**GRADE LEVEL** 2nd&3rd  
**COURSE LENGTH** YEAR

**REVIEWED** 2018-2019

<p>Four Square/  Fall  Winter  Spring</p>	<p>6.1</p>	<p>Four Square  Values physical activity for health, enjoyment, challenge, self-expression, and social interaction.  (Intrinsic Value)</p>	<p>Stance, delivery and release. Rules, serving and volley.   Teacher evaluation of skills and participation.</p>	<p>Spark curriculum  K-2  Pinterest  Various teacher resources  Bible  National Standards</p>	<p>Playing by the rules:  And also if anyone competes in athletics, he is not crowned unless he competes according to the rules.  (2 Tim. 2:5)</p>
<p>Tumbling/Apparatus  Fitness Fever  Winter</p>	<p>2.3</p>	<p>Tumbling/Apparatus  Fitness Fever   Demonstrates understanding of movement concepts, principles, strategies and tactics as they apply to the learning and performance of physical activity  (Knowledge)</p>	<p>Balance, coordination, flexibility, strength, and agility.   Teacher evaluation of skills and participation.</p>	<p>Spark curriculum  K-2  Pinterest  Various teacher resources  Bible  National Standards</p>	<p>God created our bodies in a wonderful manner, allowing for a variety of movements.  (Psalm 139:13-16)</p>

# CCS COURSE MAP

## SUBJECT: PE

**GRADE LEVEL** 2nd&3rd  
**COURSE LENGTH** YEAR

**REVIEWED** 2018-2019

Parachute Winter Spring	1.1	Parachute Demonstrates competency in motor skills and movement patterns needed to perform a variety of physical activities. (Physical Skills)	Cooperation/listening Manipulating large apparatus  Teacher evaluation of skills and participation.	Spark curriculum K-2 Pinterest Various teacher resources Bible National Standards	Behold, how good and how pleasant it is For brothers to dwell together in unity! (Psalm 133:1-3)
Floor hockey Winter	5.3	Floor hockey  Exhibits responsible personal and social behavior in physical activity settings. (Behavioral Skills)	Stick handling, shooting, passing Modified games, safety and rules.  Teacher evaluation of skills and participation.	Spark curriculum K-2 Pinterest Various teacher resources Bible National Standards	Self-control, fruit of the Spirit with use of hockey stick.  Playing by the rules: And also if anyone competes in athletics, he is not crowned unless he competes according to the rules. (2 Tim. 2:5)



# CCS COURSE MAP

## SUBJECT: PE

**GRADE LEVEL 2nd&3rd**  
**COURSE LENGTH YEAR**

**REVIEWED 2018-2019**

Dance Winter	1.5	Dance  Demonstrates competency in motor skills and movement patterns needed to perform a variety of physical activities. (Physical Skills)	Listening, cooperation, movement patterns, appropriate social interaction.  Teacher evaluation of skills and participation.	Spark curriculum K-2 Pinterest Various teacher resources Bible National Standards	Dancing is a form of praise: A time to weep and a time to laugh; A time to mourn and a time to dance. (Ecc. 3:4)
Racquet Skills Fall Winter Spring	1.3 6.4	Racquet Skills 1.Demonstrates competency in motor skills and movement patterns needed to perform a variety of physical activities. (Physical Skills)	Striking, volley, underhand and overhand serving, manipulating various objects.  Teacher evaluation of skills and participation.	Spark curriculum K-2 Pinterest Various teacher resources Bible National Standards	God created our bodies in a wonderful manner, allowing for a variety of movements. (Psalm 139:13-16  Self-control, fruit of the Spirit with use of a racquet.

# CCS COURSE MAP

## SUBJECT: PE

**GRADE LEVEL 2nd&3rd**  
**COURSE LENGTH YEAR**

**REVIEWED 2018-2019**

<p>Track and Field T-Ball Spring</p>	<p>2.2 3.2 4.1 4.3</p>	<p>Track and Field T-Ball 1.Demonstrates competency in motor skills and movement patterns needed to perform a variety of physical activities. (Physical Skills) 2.Values physical activity for health, enjoyment, challenge, self-expression, and social interaction. (Intrinsic Value)</p>	<p>Jumping, running, hurdling, striking, throwing, cooperation, team skills.  Teacher evaluation of skills and participation.</p>	<p>Spark curriculum K-2 Pinterest Various teacher resources Bible National Standards</p>	<p>Using the Gifts you are given to honor God: 1 Peter 4:10 Each of you should use whatever gift you have received to serve others, as faithful stewards of God’s grace in its various forms.</p>
<p>Fitness/ Fall Winter Spring</p>	<p>2.2 3.2 4.1</p>	<p>Fitness 1.Demonstrates understanding of movement concepts, principles, strategies and tactics as they apply to the learning and performance of physical activity (Knowledge) 2. Participates regularly in physical activity. (Physical Activity) 3.Achieves and maintains a health-</p>	<p>Anaerobic and aerobic development. Strength and flexibility development.  Teacher evaluation of skills and participation.</p>	<p>Spark curriculum K-2 Pinterest Various teacher resources Bible National Standards</p>	<p>1Cor 6:19-20: Or do you not know that your body is a temple of the Holy Spirit within you, whom you have from God? You are not your own, for you were bought with a price. So glorify God in your body.</p>

# CCS COURSE MAP

## SUBJECT: PE

GRADE LEVEL 2nd&3rd  
COURSE LENGTH YEAR

REVIEWED 2018-2019

		enhancing fitness level			
--	--	-------------------------	--	--	--